**Answer Sheet**

Measuring Range of Motion

*Hinge Joint*

Range of motion for the elbow as a **hinge joint** = ° (degrees)

*Pivot Joint*

Range of motion for the elbow as a **pivot joint** = ° (degrees)

*Ball-and-Socket Joint*

Number of planes the hip joint can move in = ° (d

|  |  |  |  |
| --- | --- | --- | --- |
| **Body Plane** | **Can the leg be moved in this plane?** | **Starting Position** | **Ending Position** |
| **Frontal** |  |  |  |
| **Sagittal** |  |  |  |
| **Transverse** |  |  |  |

Application Questions

1. A
2. Aa

A